

CLINICAL GUIDELINES

Topic	Fall Risk
Guideline Title/Source	Title: STEADI (Stopping Elderly Accidents, Deaths, and Injuries) Source: CDC, CO Department of Public Health
Guideline Link	http://healthteamworks.ebizcdn.com/1f517030efaf4f568f2943dd95dee978
Guideline Original Date	7/24/2013
Guideline Most Recent Revision Date	N/A
Guideline Summary <i>(Summarize guideline and updated information)</i>	<p>Guideline presents 3 essential screening questions</p> <ol style="list-style-type: none"> 1) Have you fallen? 2) Fear of falling? 3) Unsteadiness with walking? <p>In addition to the guideline questions, remember to ask patients these 2 questions:</p> <ol style="list-style-type: none"> 1) Have you had a fall in the last 12 months? 2) Have you had a fall with injury in the past 12 months? <p>Recommendations for further assessment including orthopedic or neurologic history, medications</p> <p>The guideline presents a detailed description of the TUG test.</p> <p>Recommendations are evidence based; for those at risk, therapy should be initiated including balance and strength training.</p> <p>The recommendation for Vitamin D supplementation at 800 IU is outdated, but should not prevent us from seeing the practicality of the rest of this guideline.</p> <p>The accompanying algorithm provides more in-depth recommendations for fall risk assessment.</p> <p>The guideline alone seems adequate in terms of screening, evaluation and evidence based recommendations.</p>
Supplemental Documents	<p>Title: Stay Independent Source: CDC Year: 2014 Link: http://www.cdc.gov/homeandrecreationalafety/pdf/steadi-2015.04/Stay_Independent_brochure-a.pdf Description: This brochure is a screening tool that can be used in the waiting room and can provide more insight into why a person might be at risk for falling.</p>
Quality Measures <i>(for the year of QCEC review)</i>	<p><u>Measure Title:</u> Falls: Risk Assessment <u>Program associated with:</u> Medicare Shared Savings Program, NQF 0101, PQRS #154 <u>Description:</u> Percentage of patients aged 65 years and older with a history of falls that had a risk assessment for falls completed within 12 months. (This is a two-part measure which is paired with Measure #155: Falls: Plan of Care. If the falls risk assessment indicates the patient has documentation of two or more falls in the past year or any fall with injury in the past year (CPT II code 1100F is submitted), #155 should also be reported). <u>Numerator:</u> Patients who had a risk assessment for falls completed within 12 months <u>Denominator:</u> All patients aged 65 years and older who have a history of falls (history of falls is defined as 2 or more falls in the past year or any fall with injury in the past year). Documentation of patient reported history of falls is sufficient <u>What to document:</u></p> <ul style="list-style-type: none"> • Documentation of patient reported history of falls is sufficient • Questions: <ol style="list-style-type: none"> 1) Have you had a fall in the last 12 months? 2) Have you had a fall with injury in the past 12 months?

<p style="text-align: center;">Coding and Documentation Tips</p>	<p>ICD-10:</p> <ul style="list-style-type: none"> • Discussing fall risk • Managing fall risk <ul style="list-style-type: none"> ○ History of Fall Z91.81 ○ Abnormality of gait: <ul style="list-style-type: none"> ▪ Ataxic gait R26.0 ▪ Paralytic gait R26.1 ▪ Other abnormalities of gait and mobility R26.89 ▪ Unspecified abnormalities of gait and mobility R26.9 ○ Counseling on injury prevention Z71.89 <p>Patient encounter during the reporting period (CPT):</p> <ul style="list-style-type: none"> • 97001-97004, 99201-99205, 99211-99215, 99304-99310, 99324-99328, 99334-99337, 99344-99345, 99347-99350 <p>CPT II Code:</p> <ul style="list-style-type: none"> • 3288F: Falls risk assessment documented • 1100F: Patient screened for future fall risk; documentation of two or more falls in the past year or any fall with injury in the past year <p style="text-align: center;">-OR-</p> <ul style="list-style-type: none"> • 1101F: Patient screening for future fall risk; documentation of no falls in the past year or only one fall without injury in the past year <p>HCPCS</p> <ul style="list-style-type: none"> • <u>G0402</u>: Initial Preventive Physical Exam; face-to-face visit, services limited to new beneficiary during the first 12 months of Medicare enrollment • <u>G0438</u>: Annual Wellness Visit; includes a personalized prevention plan of service, initial visit • <u>G0439</u>: Annual Wellness Visit; includes a personalized prevention plan of service, subsequent visit
<p style="text-align: center;">HCC Coding and Documentation Tips <i>(for the year of QCEC review)</i></p>	<p>N/A</p>

QCEC REVIEW: Physician Champion and Approval Dates			
Physician Champion	Dr. Erika Altneu	Date of QCEC Re-approval:	September 2015
Physician Champion	-	Date of original QCEC Approval:	2013