

## Request for Restriction of Use and Disclosure Date of Request: Patient/Individual Date of Birth First Name Middle Initial Last Name Phone Number (with area code) Email Address (optional) **Requestor** (if different from Patient/Individual) Written permission/documentation must be on file for a party to make a request on the patient's behalf. First Name Last Name Relationship to Patient Phone Number Email Address (optional) **Restriction Type and Time Period** I am requesting ASAS Health to restrict communication and/or the use and disclosure of my health information as explained below: **Your Right to Request Restrictions** You have the right to request restrictions on the communication and/or the use and disclosure of your personal health information held in ASAS Health records. We will consider your request, but we do not have to agree to your request. We will notify you of our decision. Your request and the response will be kept in your record. If ASAS Health agrees to your request, the restricted information will not be used or disclosed. **Review and Sign** I acknowledge that I have read all of the information on this form. Signature of Individual or Individual's Legally Authorized Representative Date

Please send this completed form by mail or email to:

Attn: Privacy Officer Physician Health Partners PO Box 13406 Denver, CO 80202-9998 Privacy@Alpine-Physicians.com